

IN THIS ISSUE

Dawn's Desk

NAP Recipe of the Month

Rewind –

- Birthdays & Anniversaries

Physio Fun for All

Lifestyle Comment

NAP App Info

Upcoming Activities

- June/July

Rewind – ANZAC Day

- Easter

- Mothers Day

Clinical Update - MRSA

Word Search and Funnies

Food Logging

NAP Info

Notice Board

NAP Feedback

Activity Update

**Our newsletters are now
available online via the New
Auckland Place Website:**

www.newaucklandplace.com.au

MAY/JUNE 2025



It's that time of year again.

There is a chill in the air and

It's time to get our winter

Woolies out to rug up for

another cold season. While

most of us enjoy cuddling up with

a good book on a cold winter

evening, other aspects of Winter

are not so welcome. Winter is the

time of year illnesses are prevalent in the community, and staying

healthy is a top priority. Here are some tips to help you and your

family stay well this winter.

Enjoy Seasonal Winter vegetables and fruit. Kiwifruit, mandarins and oranges are all delicious and in season over winter. Try adding fruit to your breakfast and add an extra serving of vegetables to each main meal. Broccoli, carrots and cauliflower are great winter vegetables, particularly for soups.

Take time for tea. Drinking tea dates to ancient China, and in recent years the spotlight has been on its health benefits. Black and green tea are rich in plant chemicals, some of which are called flavonoids, which have antioxidant effects. In studies of people who drink tea regularly, their blood vessels were healthier and the risk of heart disease lower.

Stews, Casseroles are a great winter warmer! Make your casseroles and stews with lots of vegetables to boost your meals with heart healthy foods. When cooking stews and casseroles remember to trim fat off meat before cooking and add kidney beans, chickpeas, soybeans or lentils for fibre, and use reduced salt stock.

Get Active Indoors, winter is a great time to explore different indoor exercise options. This can be as simple as walking on the spot while enjoying your favorite television program. It's also a great idea to join an indoor exercise class such as yoga or dancing. We offer Tai Chi classes for residents at NAP every Thursday Morning. These classes are a great opportunity for residents to socialize, exercise and even pick up some exercise tips to try themselves throughout the week. For more information, please see the Lifestyle Calendar. Wishing you all a happy and healthy winter season.



Welcome to all new residents, families and staff.

Congratulations to Jim and Betty on their 70th wedding anniversary. What a fantastic milestone and how fortunate we were to be able to celebrate with them. I love both your advice on a long and successful marriage. (see caption later in article) I wish you many more anniversaries.

We recently had the outside of the building in the café area repainted and replaced the old furniture. The new outdoor furniture certainly compliments the fresh new look. The new carpet in the reception area has provided a nice facelift also.

This month we farewelled Aby (physiotherapists) and said welcome to Tabeth. We wish Aby well in his new venture and look forward to getting to know Tabeth. Keep your eye out for the reintroduction of exercise classes.

Speaking of exercise, Nap is looking to organise a fund-raising walk event to support Dementia Australia. All money raised from the event will be donated to Dementia Australia.

A few suggestions / questions for the event so far.

- Organise the walk to be held on the Sunday morning in the week 15th - 21st September 2025 which is Dementia action week
- BBQ breaky after the walk. (Free for residents. - Do we include a small fee for breaky to include in the Donations for non-residents).
- Options for walking circuits of 500 meters 1 km, 2 km and 5kms to be mapped-
- Which residents would like to be involved in a walk?
- How can we safely involve wheelchairs or wheelie walker participants.
- How can family, visitors, volunteers assist and participate.
- Individual or team entries
- How to raise donations? Ask for donations per meter, per km, or a set donation?
- Fun Prizes for the participants. (Winner of categories, best dressed, best team entry etc)
- Donations can also be made if you are not participating.

This event will be for all residents, families, staff and visitors so If you would like to assist in organising this event please provide your details to reception. If you are unable to participate in the actual walking, you will be able to donate through the lifestyle team. (All donations will go directly to Dementia Australia).

Another way to be involved in the event is to be a volunteer. Volunteers will be required for course monitoring, hydro stations, breaky planning and cooking, co ordinating donations and lots of other activities. Join the fun whilst supporting a worthy cause.

Till next time. Dawn



SEEKING VOLUNTEERS

“Come and be part of one of the biggest regional shows in the CQ area.”

**TO BE SUCCESSFUL WE NEED VOLUNTEERS.
Mount Larcom Show Gate Expression of Interest 2025**

The Mount Larcom show is held over the weekend of Saturday 21st and 22nd June 2025. Volunteers are an important part of the show functioning.

We are asking for volunteers to work as part of a team for a shift of up to 3.5 hours.

If you would like to assist, please contact the Gate roster co-ordinator:

John Moynihan ph. 0407165795

Or click the link below

[Link to show gate planner](#)



Thanks to Mal Ford and the talented men from the Gladstone Men's Shed for making our new BOBS table. We look forward to many hours of fun and laughter using the new equipment.

NAP Recipe- BAKED STICKY HONEY CHICKEN



Chicken pieces baked in the oven with a sticky honey mustard sauce. Team this up with some rice and your favourite vegetables. So simple and quick to prepare!

INGREDIENTS

Non-stick cooking spray
1kg diced chicken meat
1/4 cup honey
1/4 cup Dijon mustard
125g melted butter
Juice of 1 lemon
salt & freshly cracked black pepper

METHOD

Preheat oven to 180 degrees C. Line a rimmed baking sheet with foil and spray with non-stick spray.

Sprinkle the chicken on both sides with salt and pepper.

Combine the honey, mustard, melted butter and lemon juice in a large bowl. Toss the chicken through the mixture and place on the prepared baking sheet. Sprinkle with more salt and pepper.

Bake until chicken is fully cooked, about 40 minutes.

Do you have a great recipe to share?

Catering is reviewing their current menu and would like your input. The recipe must be able to be easily adapted to large quantities and can be anything sweet or savoury, main meals, desserts, etc. A prize for most popular entry will be awarded in the New Year.

**All Entries to be submitted to
Catering**



Rewind – April/May Celebrations



Our lovely April Birthday residents, Bridget and Jim cut our resident's birthday cake in April with Karron and Leah – our May babies, bestowed the honour in May. We hope all our April & May birthday residents had wonderful days. A big thankyou to our friends at Clinton Bakery for donating the decorated birthday sponge cake each month. Call Clinton Bakery on 4978 4477 or visit them at 6 Ballantine St, Clinton for all your Bakery needs.



Congratulations Jim & Betty

We would like to congratulate Jim & Betty Neilsen who recently celebrated their 70th Wedding Anniversary here at New Auckland Place.

When asked what their secret to a long marriage was, Betty's advice was to never go to sleep angry.

Jim's advice was to agree with Betty!!





Did you know... According to the Guinness World Records, on January 28, 1887, a snowflake 15 inches wide and 8 inches thick fell in Fort Keogh, Montana, making it the largest snowflake ever observed.

Tis the season for indoor workouts.

Exercise and unwind from the comfort of home.



#MoveItMonday

MoveItMonday.org

**MOVE IT
MONDAY!**

Remember when trying these exercises not to strain yourself. If you find an exercise painful, stop that exercise immediately. Always rehydrate after physical activity.

Lifestyle Comment



Welcome to our May/June edition of the NAP Gazette.

Winter is fast approaching, and 2025 is nearing its half-way point. The Winter Solstice (shortest day of the year) occurs Saturday 21st June this year. We hope you have all enjoyed the activities over the last couple of months. I would especially like to thank our catering staff for the delicious Easter Morning Tea and Mother's Day High Tea they prepared and it was great to see so many residents enjoying the entertainment, activities, sweets and treats served up by our wonderful Lifestyle staff. I would also like to thank our residents who participated in our ANZAC service. It certainly is not easy to stand in front of other people and sing, recite poems or perform other tasks and we really appreciate your involvement. We were honoured to have our special guest from the RSL Gladstone branch this year, Ray Cue in attendance. We received lovely feedback from Ray who congratulated us on the quality and the sincerity of the ANZAC service and was also very impressed by the level of care provided to the residents by NAP staff. Great effort everyone!

In the coming months we have lots still to celebrate including NAIDOC Week, World Chocolate Day, 4th July (Independence Day) and Bastille Day all in planning stages. If there is any other celebration or themed day you would like to see on the calendar, please provide your suggestions to Lifestyle staff.

On July 1st, 2025, the new Aged Care Quality Standards will come into effect, as part of the new Aged Care Act. These strengthened standards are designed to be more measurable, detailed, and aligned with the new Aged Care Act and the Statement of Rights, ensuring safe, high-quality care that meets the needs and preferences of older people. We are asking for expressions of interest from residents, relatives or representatives that may be interested in attending some information sessions or receiving information about the new standards. If you would like further information or to discuss how you can participate, please email karen@newaucklandplace.com.au, or contact me via Reception 07 4978 9000. Alternatively speak with a Lifestyle staff member.

Residents, families and friends are reminded that there are several avenues available for you to express your views, compliments, suggestions and complaints. There are feedback forms available at Reception and the Sign-In desks on each floor. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to provide the best care we can.

Until Next Edition, Take Care
Karen and the Lifestyle Team



Do you have an eye for detail and/or a flair for publishing? We are seeking expressions of interest from our residents, for a Duty Editor for our bi-monthly newsletter. No prior experience required, please see Lifestyle Staff for further information.

Do you have any articles, photos, staff news, trivia, poems and amusing stories relating to residents and staff you would like to share? Contributions to our newsletter are encouraged and appreciated! Items can be posted anonymously if requested. Please speak to Lifestyle staff or email your contributions to karen@newaucklandplace.com.au



Welcoming the **STRENGTHENED AGED CARE QUALITY STANDARDS**

The Australian aged care sector is undergoing a major transformation with the introduction of strengthened Aged Care Quality Standards, coming into effect 1 July 2025. Here's a look at the seven new standards designed to enhance aged care services across the country.

Standard 1: The Person - This standard ensures that residents are treated with dignity, respect, and personal choice. As an aged care provider, we must honour each resident's preferences, cultural backgrounds, and decisions, empowering them to take control of their care and maintain a sense of independence.

Standard 2: The Organisation - Aged care providers must be able to demonstrate strong leadership and accountability. This includes maintaining high standards of care, implementing effective management systems, and a clear commitment to continuously improving services.

Standard 3: Care and Services - All aspects of care must be safe, effective, and tailored to the individual resident. Aged care providers are expected to meet both clinical and personal care needs while supporting residents' overall health and wellbeing as we take a holistic approach to care.

Standard 4: The Environment - Aged care homes will be held to a higher standard and must offer safe, clean, and comfortable surroundings. Creating a homely atmosphere that promotes independence and enhances quality of life is as important as the care that is provided.

Standard 5: Clinical Care - Care may only be delivered by professionals with appropriate qualifications. This is a commitment to prioritising the safety of residents through consistency in care and a commitment to achieving positive health outcomes through evidence-based practices.

Standard 6: Food and Nutrition - Meals need to be not only nutritious, but enjoyable. Aged care providers must ensure meals look and taste good, whilst also being culturally appropriate, making mealtimes pleasant and inclusive.

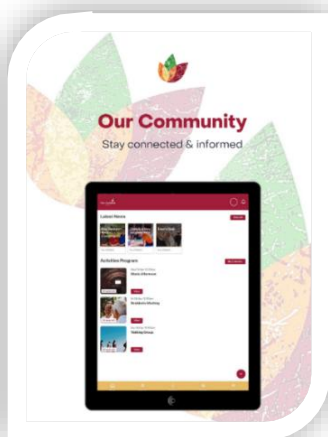
Standard 7: The Resident Community - Aged care providers must be committed to fostering a sense of belonging and encouraging social engagement within their homes. Staff must help residents build relationships and take part in meaningful activities.

Why These Changes Matter

These new standards prioritise a resident-centred approach to care and operations that focuses on the experience of the individual. By focusing on dignity, personalisation, and continuous improvement, these reforms aim to create a more inclusive, and individualised aged care system. Aged care providers are expected to adopt these standards to ensure better outcomes for all residents, their families and loved ones.

Stay informed about the upcoming changes to the industry visit agedcarequality.gov.au.

Introducing: The New Auckland Place App



New Auckland Place is providing a new way for residents, families and visitors to stay up to date with events and daily life at New Auckland Place. We are introducing the New Auckland Place App which can be downloaded for free from either the Google Play or Apple App Store. The many features of the application allow a one-stop shop for keeping our Residents, their family and friends informed and updated on activities, upcoming events and activities happening at New Auckland Place.

If you wish to join the NAP Community, please provide Reception with the below information either when next visiting New Auckland

Place or by emailing your information to admin@newaucklandplace.com.au and use NAP App request in your email subject line.

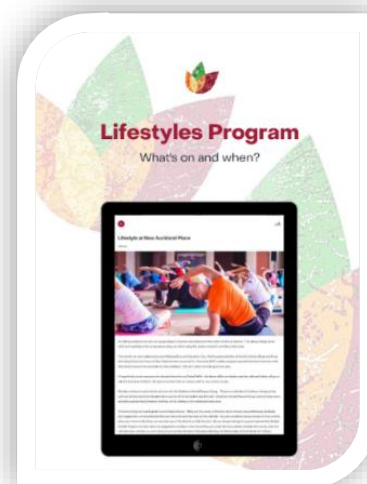
Name (Your first and last name in one field)

Name of NAP resident (and your relationship to them (e.g.: family member / friend)







Phone Number

Email Address

Birthday (dd/mm/yyyy)



Next Steps:

1 	A welcome email / SMS will be sent to you asking you to : Join JVS This will contain your initial password and a link to download the App. 
2 	Download the App from either: Google Play  or the Apple App Store  Look for the icon with the New Auckland Place emblem:
3 	Enter your email / mobile number and initial password to sign in. Set your new password, accept the terms and conditions and upload your profile picture (optional)

You are now connected to the NAP Community.... welcome

For more information, please see Administration or Lifestyle staff.

An IPAD will be made available at Reception for anyone wishing to access the NAP App whilst visiting.

New Auckland Place App Request

Please complete and leave with Reception Staff to have access to the NAP App logon created for you.

Name

(Your first and last name in one field)

Name of NAP resident

(& your relationship to them (e.g.: family member friend)

Phone Number

Email Address

Birthday

(dd/mm/yyyy)

New Auckland Place App Request

Please complete and leave with Reception Staff to have access to the NAP App logon created for you.

Name

(Your first and last name in one field)

Name of NAP resident

(& your relationship to them (e.g.: family member friend)

Phone Number

Email Address

Birthday

(dd/mm/yyyy)

Upcoming Activities June/July

Friday 6th June: Happy Hour with Pat & Dave from 1.30pm

Thursday 12th June: Morning Tea with the Paton's from 10am

Thursday 19th June: Morning Tea with Pat & Dave from 10am

Friday 27th June: Birthday Morning Tea with Laurel from 10am

Tuesday 1st July: Morning Melodies Resident Outing 9.00am

Friday 4th July: Independence Day Celebrations from 10am

Happy Hour with Pat & Dave from 1.30pm

Thursday 10th July: Morning Tea with the Paton's from 10am

Friday 11th July: Morning Tea with the Gladstone Ukelele Group from 10am

NAIDOC Week Happy Hour from 1.30pm

Thursday 17th July: Morning Tea with Pat & Dave from 10am

Regular activities include:

Bingo: 10am each Monday

Sing-Along with Cathy Brown: 10am each Tuesday

Hoy: 10am each Wednesday

Hairdressing – Tuesday and Wednesday (by appointment)

Tai Chi with Gaye – 9am each Thursday

Lolly Trolley each Thursday

Happy Hour: 1.30pm each Friday

Residents & Relatives Meeting: 1.30pm 1st Wed of each month

Catholic Church – Last Wednesday monthly 1 pm

Uniting Church – First Tuesday monthly 1pm

Anglican Church – 3rd Tuesday monthly 2pm

Eden's Delights Café

Did you know that the Eden Delights Café offers Resident Accounts and Café Vouchers?

Vouchers of any value can be purchased from the café or why not set up a pre-paid account and top up as needed.*

**Accounts must remain in credit.*

See our friendly Café staff for further information.



Lifestyle

At New Auckland Place, our lifestyle team provides a diverse range of activities to meet the emotional, health, intellectual, spiritual, community and cultural needs of residents.

Rewind – ANZAC Day



Rewind – Easter & Mother's Day



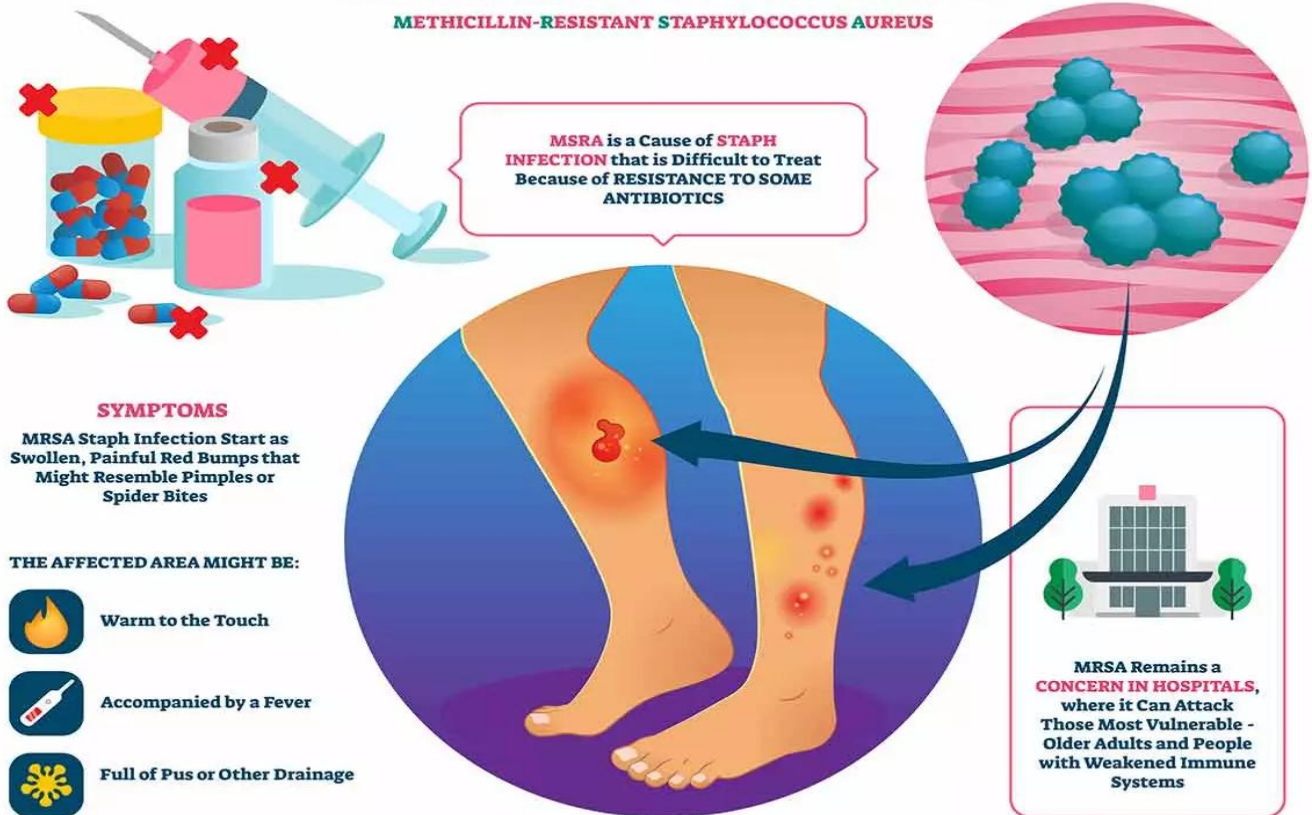
What is MRSA?

MRSA (methicillin-resistant *Staphylococcus aureus*) is a type of bacteria that's developed defense mechanisms (resistance) to antibiotics. MRSA infections are hard to treat because very few antibiotics are effective against them. MRSA most often causes skin infections but it can also cause serious infections in your lungs, heart and bloodstream.

MRSA used to spread mostly in healthcare settings — among people in hospitals or long-term care facilities (healthcare-acquired MRSA or HA-MRSA). But since the 1980s, cases of community-acquired MRSA (CA-MRSA), have been going up. CA-MRSA affects healthy people who haven't been in a healthcare facility.

MRSA SUPERBUG

METHICILLIN-RESISTANT *STAPHYLOCOCCUS AUREUS*



Nursing Care

Take confidence in knowing that New Auckland Place has Registered Nurses onsite every hour of every day!





Winter Word Search

S K I I N G S N O W B O O H T
 S F I R E P L A C E I N G E O
 L I E A R M U F F S C N Y T S
 E W S B C O L T R A E S T A C
 D I M L R O W S N O U G H E A
 D N U I A U L O W P S H T O R
 I T F Z E S A D E H A T A O F
 N R B Z B A E R O W P L Y I I
 G C O A T O T L Y D M W L C R
 I T O R H A F R O T A S U I E
 P O T D E C E M B E R I L C L
 L A S N C R O V I N C L O L R
 O A D H J K T C E S H O V E L
 W J A N U A R Y O E S A H S T
 M I T T E N S W E A T E R E L

BLIZZARD	FIREPLACE	PLOW
BOOTS	FROSTY	SCARF
COAT	HAT	SHOVEL
COCOA	ICE	SKIING
COLD	ICICLES	SLEDDING
DECEMBER	JANUARY	SNOW
EARMUFFS	MARCH	SWEATER
FEBRUARY	MITTENS	WINTER

CRAYONSANDCRAVINGS.COM



JUST FOR LAUGHS!!

What kind of ball doesn't bounce?A snowball.

What bites but doesn't have teeth?.....Frost.

What do you get when you mix a snowman with a vampire?Frostbite.

What do you call a penguin in the Sahara Desert?.....Lost.

What did the tree say after a long winter?.....What a re-leaf!

What do you sing at a snowman's birthday party?....."Freeze a Jolly Go"



Reminder – Food Logging



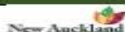
All food brought into the facility for residents, supplied by relatives / friends / carers **must be** recorded in the food logs on the table located in the lift foyer on each floor or at each relevant servery. For example, if a resident is residing on Curtis's floor, then the food supplied must be recorded in a Curtis Food Log. Please ask Catering staff for assistance.

New Auckland Place has a Food Safety Program in place which sets out specific food handling controls related to the receipt, storage, processing, display, packaging, transportation, disposal and recall of food. The logging of food brought into the facility from others is an important requirement of this Food Safety Program.

Food conjures up all sorts of memories – be it good or bad, things that we loved or things we were made to eat as a child and is great to share with your loved ones during their time are NAP. For the safety of all our residents, we ask that you please bring in food that is **ready to eat** or food that **only requires re-heating**. Unfortunately, due to resident and staff allergies and dietary restrictions we are unable to clean and or cook seafood for your loved one. We encourage you to continue to bring in these little trips down memory lane in a container that is labelled with the resident's name and written up in the Food Log which are located on each floor and at reception.

Food Safety Register

Boyne North Rooms



**PLEASE OBSERVE
THE FACILITY
FOOD SAFETY POLICY.**

Dear Resident / Relative / Carer,

Food Safety Legislation requires you to inform us of any food you bring into this facility for a resident by completing an entry into our Food Safety Register. Please discuss with Catering Staff if unsure of New Auckland Place's requirement in providing a Food Safe Environment.

**Thank you for
your co-operation.**



NAP Info



Birthdays April/May



April

Muriel R – Boyne N	Richard S – Boyne N
James (Jim) N Boyne N	Bernice R – Curtis
Rex W – Boyne S	Valda C – Curtis
Bridget O – Curtis	Marie G – Boyne N
Kenneth (Ken) P – Curtis	Lorice L – Boyne S
Irene T - Curtis	

May

Shirley H – Curtis	Karron H – Boyne N
Rodney H – Boyne S	Noelene R – Curtis
Thelma S – Boyne N	Victor T – Curtis
Elaine K – Boyne S	Mavis L – Curtis
Leah H - Curtis	

New Residents April/May



Kathleen F- Awoonga
 Bridget O – Curtis
 Alma C – Curtis
 Patricia R – Lady Musgrave
 Vera A – Awoonga
 Daphne M – Curtis
 Merle C – Awoonga
 Merle B – Boyne South

New Auckland Place Hairdressing Services

Ladies Services (includes Blow Dry)

Trim – light tidy up (approx. 6 weekly intervals) – from \$28

Full Cut – cuts for longer hair (8-12 weeks) – from \$33

Style Cut – full reshape or restyle – from \$38

Men's Services

Clipper Cut – Clippers used only – from \$12

Full Cut – for longer hair/complete restyle – from \$18

Beard and facial hair services attract additional charges.

Tuesday and Wednesday Mornings by appointment.



New Auckland Place Noticeboard

Café Deal of the Month

May/June \$5 Special

Warm Chocolate Lava Pudding served with ice cream, custard or cream.



Café Opening Times

Monday to Friday 8.30 am - 2.45 pm
Saturday, and Sunday 8.30am - 1.30 pm

In Memoriam – April / May 2025

Sadly, we say goodbye to our much loved residents:

Eric P - Lady Musgrave

Mary Mc - Curtis

Elsie B - Boyne South

Don P – Boyne North

Norah P - Curtis

To their family and friends - May you find strength in the love of family and in the warm embrace of friends. Caring for your loved one was a privilege.

Café Winner of the Month

Congratulations to our lucky café voucher

April Winner:

Leah H (Curtis)

May Winner :

Margaret S (Dennis S-Curtis)

Resident & Representative Meetings

R & R meetings are on the first Wednesday of the month and are held in the Eden room at 1:30pm.

Representatives can attend the meeting but must notify the Diversional Therapist of their intent to attend prior to the meeting.

If unable to attend you can place agenda items on the agenda, by letting lifestyle know or by sending us an email.

Employees of the Month April/May

April:

No resident to staff nominations received
Staff to Staff nominated Employee

AIN- Renee

May:

Resident to Staff nominations
Staff to staff nominations Employee

AIN – Trish F

To nominate an employee that deserves a mention, please fill out a nomination form at any "Sign In Desk" on any floor or ask at reception.

Lost Property

Unidentified items are displayed in the hairdressing salon Monday, Thursday, and Friday's. Please see reception for location on Tuesday and Wednesdays.

Electrical Appliances

All appliances need to be tested and tagged by a qualified electrician to confirm they are safe, if you need assistance or have any questions please check with administration or maintenance team

New Auckland Place Noticeboard



All Visitors / All Residents

A reminder that **All Visitors** to our facility **MUST SIGN IN AND OUT at reception, sign the declaration and have a wellbeing check performed.** This is for your safety, and it is mandatory with no exceptions.

Please note **All Residents** leaving the facility need to sign out – then sign in again upon their return, in the Visitor and Resident Log folders located on individual floors. Again, this is for safety and security reasons and is so important.

Clothing Labels

Please remember any new items that will go to the laundry, need to be labelled with resident's name. Often new clothing / blankets / etc. received as gifts are not labelled and unfortunately get lost.

To assist with eliminating the possibility of lost clothing/ items, all residents clothing should be labelled prior to / upon entry and during their stay.

Valuables

On admission, an inventory is taken of all resident's valuable belongings which includes jewellery. Whilst all care is taken to safeguard your belongings, we do not take responsibility for any loss or damage. We suggest that any items of significant or sentimental value are not kept in your rooms. The facilities insurance policy does not cover individual residents' items. It is recommended that residents or family arrange for individual personal insurance should they wish for any items to be covered by insurance.

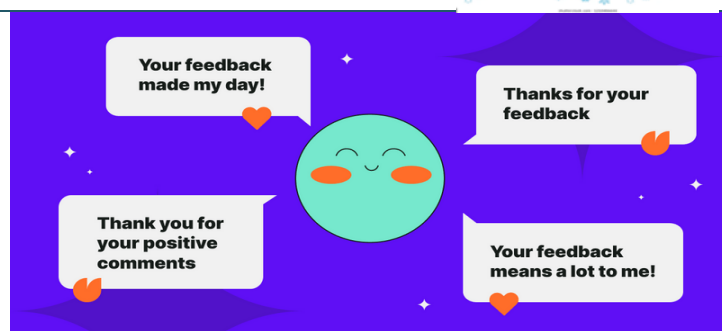
Reminder: Please advise the administration team if valuable items are brought in after the day of admission. These items will be added to your inventory list.

Clothing

Family members and carers, please check clothing which may-be worn or needed to be repaired. Provide appropriate seasonal clothing and take home what's unsuitable for that season. All clothing must be clearly marked / labelled. A minimum quantity of clothing is:

- Underpants x 10
- Singlets x 7
- Petticoats x 4
- Nightwear x 7
- Skirts / trousers / dresses / shorts / tracksuits x 7
- Tops x 7
- Jumpers x 4
- Socks x 7

NAP Feedback



Compliments, suggestions, and comments, positive or negative, are an important part of the NAP Feedback System and as such, residents and visitors feedback is welcomed. The Management Team are happy to discuss your feedback or questions directly or if preferred, you may wish to provide your compliments, suggestions, or concerns by completing a New Auckland Place Feedback Form. These are located at Reception and on the Sign-In tables in the lift foyers on each floor. Feedback Forms can also be submitted anonymously. If you do not wish to contact staff or the facility directly, you can contact other services that may be able to help you such as an Advocacy organisation or the Aged Care Quality and Safety Commission.



If you are unsure or would like some assistance in providing feedback or raising questions, **Advocates** are available who can help you work out what your rights are and what your options may be. You can speak to an Advocate by calling **1800 700 600** or visiting the Older Persons Advocacy Network (OPAN) website.

You can also contact the Aged Care Quality and Safety Commission to give feedback about the quality of care and services you have received if you do not wish to contact the facility direct. This is different to making a complaint and is helpful in the accrediting, assessing, and monitoring services against the Quality Standards. To provide

feedback, call **1800 951 822** or email ACQSC at audit.feedback@agedcarequality.gov.au.

How can I contribute to the scheduled monthly activities?

Residents and Relatives meetings are convened on the first Wednesday of the month at 1.30pm. Residents and their relatives are encouraged to participate in the discussions at these meetings, regarding feedback, information sharing, activities social outings and setting of dates on the Activities Calendar. We love to hear your suggestions or recommendations.

How to participate in the Resident and Relatives meeting?

As a resident you can advise Lifestyle Team members you wish to attend the Residents and Relatives meeting. Relatives are welcomed to attend, however please advise Lifestyle prior to attending a meeting to enable us to comply with physical distancing protocols.

You do not have to attend in person, you can advise staff that you would like to have input into these meetings, by emailing Karen@newaucklandplace.com.au, telephoning the Diversional Therapist or alternatively talking to Lifestyle Team members.

Activities Update



Please check the lifestyle calendar for your floor to see where and when activities are scheduled. The lifestyle program runs Monday to Friday and Awoonga / Lady Musgrave continues to have a program seven days a week. Please be aware that Activity Calendars may change with short notice, to reflect changes we may have to make in response to acute respiratory infections if they impact the facility.

Included in our Activity Calendars are Bingo, Hoy, Quiz, Trivia, Whiteboard Games, Carpet Bowls, Putt-Putt Golf, Bobs, Ten Pin Bowling, Cooking, Arts & Crafts, Sing-a-longs, Pamper & Massage, Theme Days & Arm-Chair Travel Program.

Home Library visits, Church and Communion services have resumed, and we welcome back the GRC, Uniting and Catholic Church representatives. Please see a lifestyle team member for more information on days and times of visits.

More resources are continually being added to the Multi Faith room and available for use by all, please contact Karen the Diversional Therapist for more information.

We also have an I-Pad set up with Facetime & Zoom for you to use to talk to your family members who are not able to come in to see you. Please speak to your lifestyle team member if you wish to find out more information. For residents who have mobile phones, a reminder to carry them with you, so you are accessible if your family ring you.

Remember to practice social distancing, maintain good cough/sneezing etiquette and perform handwashing frequently to prevent the spread of infection.



!!

Just a Reminder !!



To ensure the safety of our residents, staff and visitors at New Auckland Place, please observe the 5km per hour speed limit within the facility grounds.



On arrival at New Auckland Place, Please remember to check in with our friendly reception staff. Signing in and completing the COVID screen remains important. steps to keep our loved ones safe.