THE NAP GAZETTE

New Auckland PLACE

www.newaucklandplace.com.au info-nap@newaucklandplace.com.au **Tele:** (07) 4978 9000 **Fax:** (07) 4978 9099

2026 September/October

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Our newsletters are available online via the New Auckland Place Website:

www.newaucklandplace.com.au

or via the NAP App

This October we shine a light on breast cancer awareness month. Breast cancer is one of the most common health challenges in our country. Around 20,336 people are diagnosed with breast cancer in Australia each year.The good news is that vital and dedicated breast cancer research continues right here in Queensland at Brisbanes own Marter Hospital.

A groundbreaking new study targeting the world's deadliest breast cancers is soon to begin in Brisbane, thanks to a $1.9 million Ideas Grant from the National Health and Medical Research Council.

The pilot study, led by Professor John Hooper of Mater Research's Cancer Biology Research Group, will involve 15 women suffering from the most aggressive types of breast cancer.
Professor Hooper and his team have identified what they describe as a potential "bullseye" on these aggressive tumours, paving the way for a world-first approach designed to target cancer cells with greater precision.
These deadly cancers include the triple-negative, treatment-resistant HER2-positive and metastatic ER-positive subtypes of breast cancer, which Professor Hooper describes as the worst of the worst.

Triple negative breast cancer (TNBC) is an aggressive type of breast cancer which does not contain the three receptors commonly found on breast cancer cells, which means regular treatment can be ineffective. TNBC accounts for about 15 percent of all new breast cancer cases diagnosed each year in Australia, For many, these diagnoses often mean limited options and poor survival rates.

Developed over two decades, Professor Hooper's proposed new breast cancer treatment strategy involves using a PET scan to identify tumours that carry CDCP1, then delivering a cancer-killing drug directly to those cells. The approach is based on precision medicine, tailoring treatment to the individual patient's cancer while potentially reducing exposure to healthy cells and unnecessary side effects.

While the research is still in its early stages, the possibilities could extend beyond treating advanced breast cancers. If successful, the same approach may eventually help detect and treat breast cancer at an earlier stage, offering more treatment options and in some cases, reducing the need for mastectomy.
With research like this happening right here in Queensland, there is reason to look towards the future with hope. Every new discovery brings researchers one step closer to more targeted treatments, better outcomes and, ultimately, a brighter future for people affected by breast cancer.

SPEED LIMIT 5

To ensure the safety of our residents, staff and visitors at New Auckland Place, please observe the 5km per hour speed limit within the facility grounds.

Natalie's News



Happy 16th Anniversary, NAP. Here's to the people who make a difference every day.

This year marks 16 years since our doors first opened. As we reflect on this milestone, we are incredibly proud of the care, services, and support we provide to our residents every day. While the numbers are impressive, they represent something much more meaningful: our commitment to enriching the lives of those who call NAP home.

At any one time, NAP is home to 128 residents. To support them, our dedicated kitchen team prepares an extraordinary 384 main meals every day. This equates to 2,688 meals each week and an incredible 139,776 meals each year. In addition, they provide morning tea, afternoon tea, and supper daily, while ensuring every resident's dietary needs and preferences are met with care and attention.

Our laundry team works tirelessly 365 days a year to keep up with the enormous volume of laundry generated across the facility. At a minimum, this includes laundering 256 sheets each week, totalling 13,312 sheets annually, not to mention the countless personal clothing and linen items attended to every day. Their dedication helps ensure our residents remain comfortable and well cared for.

Our Registered Nurses, Enrolled Nurses, and Assistants in Nursing collectively perform more than 2,579 planned care actions every day. Over the course of a year, this amounts to more than 941,000 care-related tasks delivered in accordance with residents' individual care plans. Supporting this work, our clinical management team and Registered Nurses complete approximately 8,448 assessments annually, ensuring residents receive high-quality, person-centred care.

Behind the scenes, our housekeeping and maintenance teams work continuously to maintain a safe, clean, and comfortable environment. More than 138 resident rooms, bathrooms, and toilets require daily attention, alongside the many common areas enjoyed by residents, families, and visitors.

Our administration team, though small, plays a vital role in keeping the service running smoothly. They provide friendly and efficient support to residents, families, staff, and all departments, ensuring the complex operations of our facility continue seamlessly each day.

Adding enjoyment, connection, and purpose to residents' lives, our Lifestyle Team coordinates a minimum of 520 activities every year. From social gatherings and special events to meaningful engagement programs and friendly competitions, these activities help create a vibrant and supportive community.

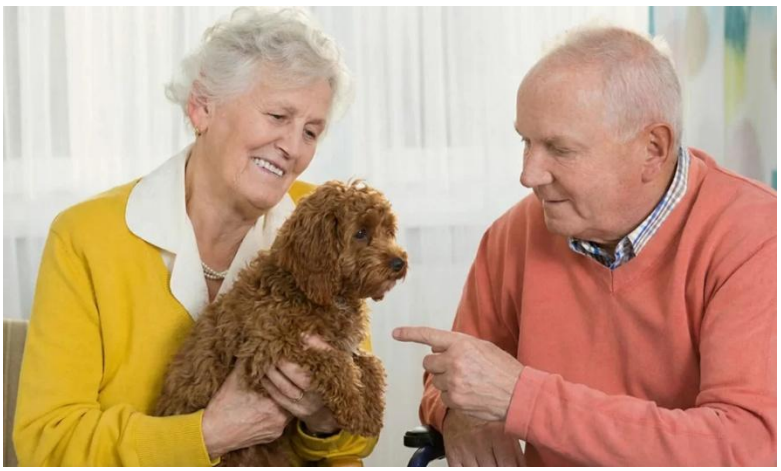
As we celebrate 16 years of service, we recognise that none of this would be possible without the dedication, compassion, and professionalism of our staff. Every meal prepared, every load of laundry completed, every care task delivered, every room cleaned, every activity coordinated, and every administrative task undertaken contributes to the wellbeing of our residents.



Together, these remarkable efforts demonstrate the scale of what is achieved each day at NAP. More importantly, they reflect our shared commitment to providing exceptional care, comfort, dignity, and quality of life for those we are privileged to serve.

Natalie

Admin Updates



Whether it's a furry friend stopping by for a cuddle or a resident's beloved dog joining them for a stroll, the presence of animals can make a real difference in the lives of our residents.

At New Auckland Place, we believe pets can bring immense joy and comfort to our residents and we warmly welcome visiting pets into our community.

To ensure a safe environment, New Auckland Place would like to advise the following Standard Rules for Visiting Pets

- **Pet Visiting Hours:** For the comfort of those residents that do not wish to have pets visiting, visiting hours for all pets are between 8 am to 4 pm daily.

- **Health and Temperament:** Pets must be well-behaved, calm around strangers, fully vaccinated and free of parasites.

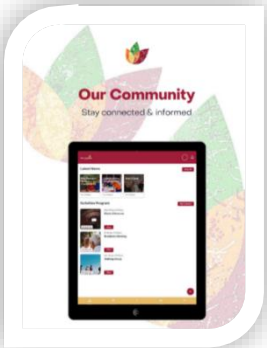
- **Designated Zones:** All pets are restricted from food preparation, kitchen, and medication storage areas and also the Food Service Lift (lift closest to the front windows). Pets may visit in the outdoor courtyard, garden areas or your loved one's room.

- **Leash and Control:** Pets must remain on a secure leash, in a harness, or inside an appropriate carry box at all times.

- **Owner Responsibility:** The visiting family member is entirely responsible for supervising their pet, managing any noise or disruptive behaviour, and immediately cleaning up after it.

We believe that pets can truly make a difference in the lives of our residents, and we look forward to welcoming more pet friends to our community!

The New Auckland Place App



The New Auckland Place App can be downloaded for free from either Google Play or the Apple App Store.

The many features of the application allow a one-stop shop for keeping our Residents, their family and friends informed and updated on activities, upcoming events and activities happening at New Auckland Place.

If you wish to join the NAP Community, please provide Reception with the below information either when next visiting New Auckland Place or by emailing details to admin@newaucklandplace.com.au.

Please complete and leave with Reception Staff to have access to the NAP App created for you.

Name ----------

Phone Number ----------

Email Address ----------

Your Date of Birth (optional) ----------

Name of the NAP resident/s that you visit ----------

Employee of the Month

August- nil received

September 2026 – Chelsea Tappenden

Chelsea is doing an absolutely amazing job in the Gardens. The Gardens and grounds have never looked better.
She is consistently improving the gardens and love her special touches with ornaments.

Unlabelled Clothing

Unlabelled clothing is located in the hairdressing salon on Monday, Thursday, and Friday's.

Please see reception on Tuesday and Wednesdays as the Hairdresser is on site those days.



Lost Property

Please see Reception for any lost property enquiries.

A reminder that under the Aged Care and Quality standards, **All Visitors** to New Auckland Place **MUST SIGN IN AND OUT at reception which includes signing the Visitor Declaration and having a wellbeing check performed.**

Please note **All Residents** leaving the facility are requested to sign out – then sign in again upon their return, in the Visitor and Resident Log folders located on individual floors. This is so important for security and emergency reasons.

Food & Dining Services

A Sad Fairwell

After over 25 years of cooking at both NAP and Alchera, Christine P has finally put away her apron and hung up her dustpan, marking the end of a significant chapter.

Throughout her many years in the kitchen, Christine has been a friendly face and a valued member of the team. Her hard work, dedication and contribution to the daily lives of our residents have certainly not gone unnoticed. Over the years, she has prepared countless meals, shared plenty of laughs and created many lasting memories with our resident's staff, there are many stories that could be shared, so it you see her out and about maybe ask her if there is any water in the soup pots or where her green cloth is.

Christine spent her last day at work doing what she knows best, preparing one of her favourite meals and enjoying conversations with our residents. It was a fitting way to finish such a long and rewarding career.

A surprise afternoon tea was held with both past and present staff members attending. It was a lovely opportunity to reminisce; share stories and recognise the many years of dedication and friendship Christine has contributed to NAP.

Christines leaving has left a big hole in the NAP Food and Dinning team that I am sure will take many years to fill. I am sure you all join with me in wishing her all the best for her retirement and any future plans she is making.







Congratulations Chris!





Think Pink This October

Strawberry Jelly Fluff



Ingredients:

1 Packet Strawberry Jelly Crystals
1 cup boiling water
1 can evaporated milk (chilled)

Method

- Dissolve the strawberry jelly crystals in 1 cup of boiling water, stirring until completely dissolved.
- Allow the jelly mixture to cool to room temperature, without letting it set.
- Pour the chilled evaporated milk into a large mixing bowl.
- Using electric beaters, whip the evaporated milk until light, thick and frothy.
- Gradually pour in the cooled jelly mixture while continuing to beat until well combined and fluffy.
- Spoon into individual dessert bowls and refrigerate for 3–4 hours, or until set.

Eden's Delight Café

Did you know that the Eden's Delight Café offers Resident Pre-Paid Accounts and Café Vouchers? See our friendly Café staff for further information



Café Winner of the Month

Congratulations to our lucky monthly café voucher winners

August- Ken P Curtis

September- Helen L Curtis



Facility Services News and Views

Our Maintenance, Laundry and Cleaning teams continue to work hard behind the scenes to ensure our home remains a clean, comfortable, safe and welcoming environment for all our residents. Over the last few months our Maintenance team have been hard at work steadily transforming our garden areas, one space at a time. With vibrant colours, beautiful flowering plants and a wonderful assortment of Kangaroo Paws and Lavender, the gardens are becoming even more inviting spaces for residents, families and visitors to enjoy.





A Little Label Makes a Big Difference!

Our Laundry team works tirelessly each day processing, washing, drying, folding and returning residents' clothing and linen. With so many individual garments passing through the laundry, ensuring every item finds its way back to its rightful owner is no small task!
We kindly ask families to help us by ensuring all clothing and personal linen is clearly labelled with the resident's name. This includes any new items brought into the home, even if they are only intended for occasional wear. Clothes needing labelling can be handed into reception during business hours or to care staff over the weekend and after hours.



Test & Tag of Electrical Appliances

All appliances need to be tested and tagged by a qualified electrician to confirm they are safe, if you need assistance or have any questions, please check with administration or maintenance team

Clinical Team - Info

Doctors' Rounds Update

Please note the following changes to the doctors' and their visiting schedule:

Dr Aung Kyaw and **Dr Aeint Ko** will continue to visit on Tuesdays on alternate weeks.

Dr Korien Marias will now conduct rounds on Tuesday afternoons.

Dr Deepack Pathania has replaced Dr Alison Slater and will visit on Wednesdays.



Please see our friendly nursing staff if you have any concerns that need to be addressed with the visiting Doctors.

Thank you.

From 20th of October our clinical teams will begin using a new Electronic Medication System, called BESTMED. The implementation of a new medication system is a significant undertaking, and the many hours of preparation, planning, and data entry completed by both our pharmacy partners and NAP Clinical Leaders have been instrumental in making this transition possible. Their dedication and hard work behind the scenes do not go unnoticed.

To support a smooth and safe transition, all Registered Nurses and Enrolled Nurses will attend training on 19th October. In addition, BESTMED representatives will be onsite during the rollout to provide guidance and support to staff as they begin using the new system.

You may be wondering why we are making this change. BESTMED has been specifically designed with the aged care sector in mind. The system aligns with industry requirements and provides a comprehensive platform to support safe, efficient, and effective medication management and care delivery.

We kindly ask residents, families, and staff for their patience and understanding from 20th October, as there may be minor delays in medication administration while the system is being implemented and embedded into daily practice.



As part of the NAP Gazette upgrade, the New Auckland Place Clinical Team will be contributing to the NAP Gazette in the near future. We would love to hear what topics and articles you would like to be featured. Suggestions can be emailed to Lifestyle@newaucklandplace.com.au or given to Lifestyle staff to pass on to our clinical team.

Birthdays





Neil S and Patsy S cutting the cake for our August Residents! Happy Birthday Neil and Patsy!



Una I, Betty N & Dulcie D cutting the cake for our September Residents! Happy Birthday Ladies!



August

Joyce D
Dennis W
Dianne P
Ian B
Alice P
Gordon G
Stella N
Patsy S
Neil S
Mary M

September

Dulcie D
Daphne W
Chlorine S
Jenny M
Betty N
Carole H
Una I
Lynne L

Farewell and Welcome

For the past 16 years, **Kay** (pictured in blue shirt) has been a valued member of the NAP family, holding a variety of roles within our Administration team and most recently in Rostering and Payroll.



With many fond memories, Kay has now retired, with her final day being Tuesday, 6 October. We wish her every happiness and success in this next chapter of life. As Kay would say, rostering and payroll are now "***no longer my problem!***"

On behalf of everyone at NAP, we extend a heartfelt **THANK YOU** to Kay for her dedication, commitment, and tireless efforts over the years. Managing and coordinating staffing across a 24-hour service is often an endless task, requiring flexibility and problem-solving. Whether covering sick leave, annual leave, emergent leave, or ensuring every shift was safely staffed, Kay's hard work and dedication have played an important role in supporting both our residents and staff.

Her commitment to maintaining staffing levels across the service and her willingness to tackle the daily challenges of rostering have been greatly appreciated. We thank Kay for her years of service and wish her a long, happy, and well-deserved retirement.

We are also pleased to welcome **Gabriele** to the team as our new Workforce Administration Officer. We look forward to supporting Gabriele in the role and know many of you will join us in extending a warm NAP welcome.

Thank you, Kay, for everything you have contributed to NAP. You will be missed, and we wish you all the very best for the future.



Lifestyle

At New Auckland Place, our lifestyle team provides a diverse range of activities to meet the emotional, health, intellectual, spiritual, community and cultural needs of residents.

Activities & Events

Upcoming Activities

- Tues 6th Oct – Morning Melodies Outing
- Fri 9th Oct – Karaoke Connections
- Thurs 15th Oct- Morning Tea with the Roulettes
- Fri 16th Oct- New Auckland Place 16th Birthday Celebrations and morning tea with Dave Murry.
- Tues 20th Oct- Cooking in the Eden Room
- Friday 23rd Oct- Breast Cancer Awareness Morning tea with guest speaker Melissa Holzimer
- Tues 27th Oct- Paint and Sip
- Thurs 29th Oct- Halloween Morning Tea with the Roulettes
- Friday 30th Oct- Halloween Birthday Morning Tea with Laurel
- Tues 3rd Nov- Melbourne Cup Luncheon with Trevor Long
- Thurs 5th Nov- Karaoke Connections
- Fri 6th Nov- Putt Putt Golf
- Wed 11th Nov- Remembrance Day Service
- Friday 13th Nov- Morning tea with Laurel
- Wed 18th Nov- Boyne Balcony Banter
- Thurs 19th Nov- Christmas Cake Cooking
- Fri 20th Nov- Morning tea with Trevor Long
- Tues 24th Nov- Paint and Sip
- Thurs 26th Nov- White Board Games and Trivia on the Floors
- Fri 27th Nov- Birthday Morning tea with Laurel

New Admissions August/September

Dianne P – Boyne North
Daphne G- Lady Musgrave
Evelyn M- Boyne South
Helen L – Curtis
Glenys H – Curtis
Colleen H – Curtis
Stanley D – Boyne South



Resident & Representative Meetings

R & R meetings are on the first Wednesday of the month and are held in the Eden room at 1:30pm.

Representatives can attend the meeting but must notify the Diversional Therapist of their intent to attend prior to the meeting.

If unable to attend you can place agenda items on the agenda, by letting lifestyle know or by sending us an email.



Regular Activities

- Bingo: 10am each Monday
- Sing-Along with Cathy Brown: 10am each Tuesday
- Hoy: 10am each Wednesday
- Hairdressing – Tuesday and Wednesday (by appointment)
- Tai Chi with Gaye – 9am each Thursday
- Lolly Trolley each Thursday
- Happy Hour: 1.30pm each Friday
- Residents & Relatives Meeting: 1.30pm 1st Wed of each month
- Catholic Church – Last Wednesday monthly 1 pm
- Uniting Church – First Tuesday monthly 1pm
- Anglican Church – 3rd Tuesday monthly 2pm

In Memoriam

Pat O
Alma C
Maureen V
Arnold M
Gloria I
Kay A
Marie G

To their family and friends –
May you find strength in the love of family and in the warm embrace of friends.
Caring for your loved one was a privilege.



Lifestyle News

Welcome to the September/October edition of the New Auckland Place Gazette! Lifestyle have had a busy couple of months with Special events such as Daffodil Day, Fathers Day BBQ, Balloon Animals visit, flower arranging and even the introduction of a new activity, Karaoke!



We would like to thank everyone who donated to our daffodil day Appeal, all donations will do to the national Cancer foundation of Australia.

All the New Auckland Place Dad's enjoyed a BBQ and a beer on the courtyard for our Father's Day BBQ, followed by the drawing of our Father's Day raffle. Congratulations to the lucky winners!

The residents enjoyed an afternoon being entertained by Sparkle Bug a local business that specialises in do balloon twisting, spray tattoos and facepainting. Lifestyle introduced a new activity to the Calander, Karaoke Connections! We have had lots of positive feedback from this activity with staff and residents alike taking their chance to show off their singing talents! We would love to see more residents join in the fun at our next Karaoke Connections session! Whether you enjoy singing along, have a favourite song you'd love to hear, or simply want to sit back and enjoy the entertainment, everyone is welcome. **Be sure to let the Lifestyle team know if you have any song requests – we'd love to hear your favourites!**



Lastly, the Lifestyle team and New Auckland Place would like to extend our gratitude to the students at Saint Johns Catholic Primary school. A heartfelt thank you to the beautiful students who put in a great deal of time and effort into this wonderful piece which they have thoughtfully donated to our home. The artwork makes a lovely addition to our Church and will be appreciated by our residents, staff and visitors alike. Keep an eye out for it the next time you attend church! Thank you, Saint John's Primary students!

RESIDENT OF THE MONTH

August

Supportive Friend Award

Leah Hall



For always being kind, caring and supportive to fellow residents

September

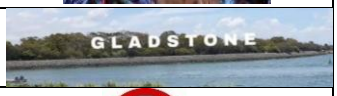
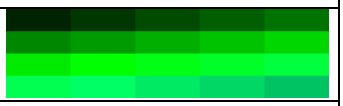
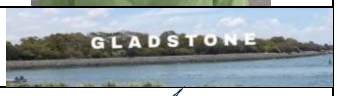
Kindness and Courtesy Award

Jim Neilson



For always showing kindness and courtesy through thoughtful gestures, endless patience, warm greetings, and willingness to help others.

Resident Profile/ Staff Profile

My Name is Iris	Curtis	
Born in	Gladstone	
Favourite Sports Team	Not a sports fan	
Favourite Colour	**Green**	
Favourite TV Show	Insight	
Favourite Band/Musician	John Farnem	
Favourite Food	I enjoy a colourful meal with lots of variety	
Favorite Drink	Scotch & Tonic	
What is your favourite thing about New Auckland Place?	Going for garden walks with lifestyle	
My Name is Caitlyn	Servery	
Born in	Gladstone	
Favourite Sports Team	Melbourne Storm	
Favourite Colour	**Purple (lavender)**	
Favourite TV Show	2 Broke Girls	
Favourite Band/Musician	Nirvana	
Favourite Food	Lasagna	
Favorite Drink	Red Bull	
What is your favourite thing about New Auckland Place?	The Diversity	

Find-A-Word



K H A L L O W E E N P A R T Y W I
E C L A R A M E L T U H D I P S T
L A L J A C K O W E M O Y D N A C
E N H A U N T E D H O U S E P M A
T H A L S A M H A U A S O C A H P
N E L P P A L E M A R A C O R A P
G D L A I B P O D S K T A R Y I L
H Y O R D L I B L A C K C A T N E
O C W T E A C A K M A E R T E R T
S A S R R A P T C H D R W I T C H
T A E R T R O K C I R T U O R O O
H O V E S W O L A N S O K N I S N
N R E T N A L O K C A J S S C T V
H A L L O P A R C A O L A C K U A
O N I K P M U P E M C Y M M U M M
R G M A S A N D M U M P U M P E P
A E R I P M A V N O T E L E K S E



ALL HALLOWS EVE
BAT
BLACK CAT
CANDY
CARAMEL APPLE
COSTUMES
DECORATIONS
GHOST
HALLOWEEN PARTY
HAUNTED HOUSE
JACK O LANTERN
MASK
MUMMY
ORANGE
PUMPKIN
SAMHAIN
SKELETON
SPIDER
TRICK OR TREAT
VAMPIRE
WITCH

NAP Rewind- Fun in Sun










NAP Rewind- Balloon Animals











NAP Rewind- Furry Friends

















NAP Rewind- Fathers Day BBQ











Flower Arranging











Clothing

Family members and carers, please check clothing which may-be worn or needed to be repaired. Provide appropriate seasonal clothing and take home what's unsuitable for that season. All clothing must be clearly marked / labelled. A minimum quantity of clothing is:

- Underpants x 10
- Skirts / trousers / dresses / shorts / tracksuits x 7
- Singlets x 7
- Tops x 7
- Petticoats x 4
- Jumpers x 4
- Nightwear x 7
- Socks x 7

Please remember any new items that will go to the laundry, need to be labelled with resident's name. Often new clothing / blankets / etc. received as gifts are not labelled and unfortunately get lost.

To assist with eliminating the possibility of lost clothing/ items, all residents clothing should be labelled prior to / upon entry and during their stay.

Valuables

On admission, an inventory is taken of all resident's valuable belongings which includes jewellery.

Whilst all care is taken to safeguard your belongings, we do not take responsibility for any loss or damage. We suggest that any items of significant or sentimental value are not kept in your rooms.

The facilities insurance policy does not cover individual residents' items. It is recommended that residents or family arrange for individual personal insurance should they wish for any items to be covered by insurance.

Reminder: Please advise the administration team if valuable items are brought in after the day of admission. These items will be added to your inventory list.

NAP Feedback

Compliments, suggestions, & comments (positive or negative), are an important part of the NAP Feedback System and as such, residents and visitors feedback is welcomed. The Management Team are happy to discuss your feedback or questions directly or if preferred, you may provide your compliments, suggestions, or concerns by completing a New Auckland Place Feedback Form which are located at Reception and on the Sign-In tables in the lift foyers on each floor, or you can scan the QR code and follow the prompts. Feedback Forms can also be submitted anonymously, if you wish. If you do not wish to contact staff or the facility directly, you can contact other services that may be able to help you such as an Advocacy organisation or the Aged Care Quality and Safety Commission.



If you are unsure or would like some assistance in providing feedback or raising questions, **Advocates** are available who can help you work out what your rights are and what your options may be. You can speak to an Advocate by calling **1800 700 600** or visiting the Older Persons Advocacy Network (OPAN) website.



You can also contact the Aged Care Quality and Safety Commission to give feedback about the quality of care and services you have received if you do not wish to contact the facility direct. This is different to making a complaint and is helpful in the accrediting, assessing, and monitoring services against the Quality Standards. To provide feedback, call **1800 951 822** or email ACQSC at audit.feedback@agedcarequality.gov.au.